



HEALTHY BRAINS HEALTHY COMMUNITIES

Interested in learning what you can do to maximize your brain health and reduce risk for Alzheimer's and other dementias?

If you're over 18 years of age, we invite you to drop in and enjoy activities that promote better brain health including:

- Gait and balance screening
- Memory screenings
- Brain health tips and takeaways
- Networking with like-minded individuals
- A brain-healthy lunch

NOTE: There will be a medical education conference for providers during a separate morning session. Information at ccfcme.org/ADRC

SATURDAY
January 28, 2023

12 - 1:00 PM:
Lunch - RSVP required

1:00-4:00 PM:
Drop in anytime for brain health activities, education and screenings

Nye Communities Coalition
1020 E Wilson Road
Pahrump, NV 89048

COST
Complimentary registration includes lunch and educational activities

REGISTER TODAY
to reserve your spot for lunch
NVADRC.org/BHD

QUESTIONS?
702.778.7006