


HEALTHY BRAINS HEALTHY COMMUNITIES

Interested in learning what you can do to maximize your brain health and reduce risk for Alzheimer's and other dementias?

If you're over 18 years of age, we invite you to drop in and enjoy activities that promote better brain health including:


- Gait and balance screening
- Memory screenings
- Brain health tips and takeaways
- Networking with like-minded individuals
- A brain-healthy lunch


NOTE: There will be a medical education conference for providers during a separate morning session. Information at ccfcme.org/ADRC

 **SATURDAY, JULY 30**
12 - 1:00 PM:
Lunch - RSVP required

1:00-4:00 PM:
Drop in anytime for brain health activities, education and screenings

Eureka Casino
Grand Canyon Ballroom
275 Mesa Boulevard
Mesquite, NV

 **COST**
Complimentary registration includes lunch and educational activities

 **REGISTER TODAY**
to reserve your spot for lunch
NVADRC.org/BHD

 **QUESTIONS?**
702.778.7006